

Jesus Appears to His Disciples

July 12th, 2020

Activity: You Won't Believe It!

Materials Needed: None

Ask: Has someone ever told you something that couldn't possibly be true? If so, what was it?

Say: Sometimes the truth is hard to believe. For example, what if I told you that I could make it so that you could not stand up? Would you believe me? What if I said that I won't touch you and you still won't be able to stand up? Do you believe that I can make you unable to stand up without even touching you? What would convince you? Will I need to show you to prove it to you?

Say: Okay, I'll prove it. Everyone needs to listen carefully to my instructions. Sit on the floor and put your hands in your lap. Your hands have to stay in your lap. Then put your feet flat on the floor. Don't touch your knees together. Now, try to get up. (Pause) See, you can't do it! No one can!

Ask: Did you believe that I was telling the truth before I proved it to you?

Story:

Read John 20:19-31

Say: The Bible tells us about a man who heard something he just couldn't believe, until it was finally proven to him. The man's name was Thomas, and he was one of Jesus' special friends, the disciples. One day, some of the disciples - not including Thomas - were together in a room. They were sad because they thought Jesus was still dead. They didn't know that Jesus had come back to life again. Show me your saddest face. (Pause) That's exactly how the disciples would have felt.

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But suddenly, Jesus was right there with them. Jesus talked with them, and the disciples were so excited that Jesus was alive!

Thomas, though, was a very stubborn man. Let's cross our arms to show how stubborn Thomas was. (Pause) Thomas said, "I won't believe that Jesus is really alive until I've seen Him for myself."

The next week, Thomas was with the disciples when, all of a sudden, Jesus was there with them again. Jesus said, "Thomas, stop doubting and believe. It's really me. You can touch my hands and see my wounds."

Ask: What do you think Thomas did?

Say: Thomas didn't need any more proof. He said to Jesus, "You are my Lord and my God!" Thomas knew that only his Lord could come back to life. Thomas knew that Jesus was his true leader.