



family challenge

May 4, 2020

Courage

“Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.”

- Joshua 1:9

I will ask God for strength.

I will not be afraid to speak the truth.

I will be willing to stand alone.

I will be brave and strong.

Family Activities

Playground Courage

Give your children a couple of small tasks that force them to show courage and bravery. Activities will vary, based on the age of your children.

If your children are young, have them stand on the edge of the “big toy” at a playground and tell them to leap to you. To do this, they will have to demonstrate both courage and trust. Have them climb to the top level of monkey bars and help them across, if necessary.

Activities like this are tangible opportunities to have your children show courage, and they provide great opportunities for discussion.

Bible Heroes

Choose a Bible story that includes a character showing great courage (i.e. David & Goliath, Daniel, Shadrach, Meshach, and Abednego, Esther, etc.). Read the story as a family and talk about the courage that was shown by the chosen character.

Next, discuss the following questions as a family. Have every family member answer each question.

1. What does it mean to be courageous?
2. Share a time when you were afraid. How did you react? How could you have shown courage in that situation?
3. What are some ways that we can show courage on a regular basis?